# MyTruAdvantage Choice Plus (PPO) offered by MyTruAdvantage

# **Annual Notice of Change for 2026**

You're enrolled as a member of MyTruAdvantage Choice Plus (PPO).

This material describes changes to our plan's costs and benefits next year.

- You have from October 15 December 7 to make changes to your Medicare coverage for next year. If you don't join another plan by December 7, 2025, you'll stay in MyTruAdvantage Choice Plus (PPO).
- To change to a **different plan**, visit <u>www.Medicare.gov</u> or review the list in the back of your *Medicare & You 2026* handbook.
- Note this is only a summary of changes. More information about costs, benefits, and rules is in the *Evidence of Coverage*. Get a copy at
   <a href="https://www.mytruadvantage.com/information-2026">https://www.mytruadvantage.com/information-2026</a> or call Member Services at 1-844-425-4280 (TTY users call 711) to get a copy by mail.

#### **More Resources**

 Please contact our Member Services number at 1-844-425-4280 for additional information. (TTY users call 711) This call is free.

Hours are:

- October 1 March 31:
  - 7 Days a week, 8:00 a.m. 8:00 p.m., Local Time
  - On Thanksgiving and Christmas Day, leave a message and it will be returned within 1 business day.
- April 1 September 30:
  - Monday Friday, 8:00 a.m. 8:00 p.m., Local Time
  - On weekends and holidays, leave a message and it will be returned within 1 business day.
- Please call Member Services if you would like to receive materials in alternate formats (e.g., braille, large print, audio CD, or data CD).

### About MyTruAdvantage Choice Plus (PPO)

- MyTruAdvantage Choice Plus is a PPO plan with a Medicare contract. Enrollment in MyTruAdvantage Choice Plus (PPO) depends on contract renewal.
- When this material says "we," "us," or "our," it means MyTruAdvantage. When it says "plan" or "our plan," it means MyTruAdvantage Choice Plus (PPO).
- On January 1, 2026, MyTruAdvantage Choice Plus (PPO) H9042.002 will no longer offer different benefit "segments" based on your geographic location. Instead, all members will receive the same coverage and cost-sharing across our entire service area through MyTruAdvantage Choice Plus (PPO) H9042.007. This material tells you about the differences between your current benefits in MyTruAdvantage Choice Plus (PPO) H9042.002 and the benefits you'll have on January 1, 2026, as a member of MyTruAdvantage Choice Plus (PPO) H9042.007.
- If you do nothing by December 7, 2025, you'll automatically be enrolled in MyTruAdvantage Choice Plus (PPO). Starting January 1, 2026, you'll get your medical and prescription drug coverage through MyTruAdvantage Choice Plus (PPO). Go to Section 3 for more information about how to change plans and deadlines for making a change.

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# **Summary of Important Costs for 2026**

	2025 (this year)	2026 (next year)
Monthly plan premium*  *Your premium can be higher than this amount. Go to Section 1.1 for details.	\$0 per month	\$0 per month
Maximum out-of-pocket amount This is the most you'll pay out of pocket for covered Part A and Part B services. (Go to Section 1.2 for details.)	From network providers: \$4,000  From network and out- of-network providers combined: \$4,000	From network providers: \$4,000 From network and out- of-network providers combined: \$4,000
Primary care office visits	In-Network \$0 copayment per visit. Out-of-Network \$0 copayment per visit.	In-Network \$0 copayment per visit. Out-of-Network \$0 copayment per visit.
Specialist office visits	In-Network \$35 copayment per visit. Out-of-Network \$35 copayment per visit.	In-Network \$35 copayment per visit. Out-of-Network \$35 copayment per visit.

	2025 (this year)	2026 (next year)
Inpatient hospital stays Includes inpatient acute, inpatient rehabilitation, long-term care hospitals, and other types of inpatient hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged is your last inpatient day.	In-Network  Days 1-5: \$390 copayment per day  Day 6-90: \$0 copayment per day  Out-of-Network  Days 1-5: \$390 copayment per day  Day 6-90: \$0 copayment per day	In-Network  Days 1-6: \$390 copayment per day  Day 7-90: \$0 copayment per day  Out-of-Network  Days 1-6: \$390 copayment per day  Day 7-90: \$0 copayment per day
Part D drug coverage deductible (Go to Section 1.7 for details.)	The deductible is \$200 for Tier 3 (Preferred Brand), Tier 4 (Non-Preferred Brand), and Tier 5 (Specialty Tier) for MyTruAdvantage Choice Plus (PPO) except for covered insulin products and most adult Part D vaccines.	The deductible is \$300 for Tier 3 (Preferred Brand), Tier 4 (Non-Preferred Brand), and Tier 5 (Specialty Tier) for MyTruAdvantage Choice Plus (PPO) except for covered insulin products and most adult Part D vaccines.
Part D drug coverage (Go to Section 1.7 for details, including Yearly Deductible, Initial Coverage, and Catastrophic Coverage Stages.)	Copayment/Coinsurance during the Initial Coverage Stage: Standard retail cost sharing (in-network) for up to a 30-day supply: Drug Tier 1: \$6 Drug Tier 2: \$15	Copayment/Coinsurance during the Initial Coverage Stage: Standard retail cost sharing (in network) for up to a 30-day supply: Drug Tier 1: \$0 Drug Tier 2: \$0

# 2025 (this year)

Drug Tier 3: \$47

You pay no more than \$35 per month supply of each covered insulin product on this tier.

**Drug Tier 4: 28%** 

You pay no more than \$35 per month supply of each covered insulin product on this tier.

Drug Tier 5: 30%

You pay no more than \$35 per month supply of each covered insulin product on this tier.

Drug Tier 6: \$0

Preferred retail cost sharing (in-network) for up to a 30-day supply:

Drug Tier 1: \$0

Drug Tier 2: \$5

Drug Tier 3: \$41

You pay no more than \$35 per month supply of each covered insulin product on this tier.

**Drug Tier 4: 28%** 

You pay no more than \$35 per month supply of each covered insulin product on this tier.

### 2026 (next year)

**Drug Tier 3: \$47** 

You pay no more than \$35 per month supply of each covered insulin product on this tier.

**Drug Tier 4: 28%** 

You pay no more than \$35 per month supply of each covered insulin product on this tier.

Drug Tier 5: 29%
You pay no more than
\$35 per month supply of
each covered insulin
product on this tier.

Drug Tier 6: \$0

Preferred retail cost sharing (in-network) for up to a 30-day supply:

Drug Tier 1: \$0

Drug Tier 2: \$0

**Drug Tier 3: \$41** 

You pay no more than \$35 per month supply of each covered insulin product on this tier.

**Drug Tier 4: 28%** 

You pay no more than \$35 per month supply of each covered insulin product on this tier.

2025	2026
(this year)	(next year)
Drug Tier 5: 30%  You pay no more than \$35 per month supply of each covered insulin product on this tier.  Drug Tier 6: \$0  Catastrophic Coverage Stage:  During this payment stage, you pay nothing for your covered Part D drugs.  You can have cost sharing for drugs that are covered under our enhanced benefit.	Drug Tier 5: 29% You pay no more than \$35 per month supply of each covered insulin product on this tier.  Drug Tier 6: \$0  Catastrophic Coverage Stage:  During this payment stage, you pay nothing for your covered Part D drugs.  You can have cost sharing for drugs that are covered under our enhanced benefit.

# **SECTION 1 Changes to Benefits & Costs for Next Year**

# **Section 1.1 Changes to the Monthly Plan Premium**

	2025 (this year)	2026 (next year)
Monthly plan premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.)		
There is no change to your monthly premium. For the 2026 plan year, your premium will remain \$0.		

### Factors that could change your Part D Premium Amount

- Late Enrollment Penalty Your monthly plan premium will be *more* if you're required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that's at least as good as Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.
- Higher Income Surcharge If you have a higher income, you may have to pay an additional amount each month directly to the government for Medicare drug coverage.

# **Section 1.2 Changes to Your Maximum Out-of-Pocket Amount**

Medicare requires all health plans to limit how much you pay out of pocket for the year. This limit is called the maximum out-of-pocket amount. Once you've paid this amount, you generally pay nothing for covered Part A and Part B services for the rest of the calendar year.

	2025 (this year)	2026 (next year)
In-network maximum out-of- pocket amount	\$4,000	\$4,000 Once you've paid \$4,000
Your costs for covered medical services (such as copayments) from network providers <b>count</b> toward your in-network maximum out-of-pocket amount.		out of pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part
Your costs for prescription drugs don't count toward your maximum out-of-pocket amount.		B services from network providers for the rest of the calendar year.
Combined maximum out-of-	\$4,000	\$4,000
Your costs for covered medical services (such as copayments) from in-network and out-of-network providers <b>count</b> toward your combined maximum out-of-pocket amount. Your costs for outpatient prescription drugs <b>don't count</b> toward your maximum out-of-pocket amount for medical services.		Once you've paid \$4,000 out of pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part B services from network or out-of-network providers for the rest of the calendar year.

# **Section 1.3 Changes to the Provider Network**

Our network of providers has changed for next year. Review the 2026 *Provider Directory* <a href="https://secure.healthx.com/s/directorymytruadvantage">https://secure.healthx.com/s/directorymytruadvantage</a> to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here's how to get an updated *Provider Directory*:

- Visit our website at <a href="https://secure.healthx.com/s/directorymytruadvantage">https://secure.healthx.com/s/directorymytruadvantage</a>.
- Call Member Services at 1-844-425-4280 (TTY users call 711) to get current provider information or to ask us to mail you a *Provider Directory*.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of our plan during the year. If a mid-year change in our providers affects you, call Member Services at 1-844-425-4280 (TTY users call 711) for help.

### **Section 1.4 Changes to the Pharmacy Network**

Amounts you pay for your prescription drugs can depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies. Our network includes pharmacies with preferred cost sharing, which may offer you lower cost sharing than the standard cost sharing offered by other network pharmacies for some drugs.

Our network of pharmacies has changed for next year. Review the 2026 *Pharmacy Directory* <a href="https://openenrollment.medimpact.com/#/web/sih/chooseplan">https://openenrollment.medimpact.com/#/web/sih/chooseplan</a> to see which pharmacies are in our network. Here's how to get an updated *Pharmacy Directory*:

- Visit our website at <a href="https://openenrollment.medimpact.com/#/web/sih/chooseplan">https://openenrollment.medimpact.com/#/web/sih/chooseplan</a>.
- Call Member Services at 1-844-425-4280 (TTY users call 711) to get current pharmacy information or to ask us to mail you a *Pharmacy Directory*.

We can make changes to the pharmacies that are part of our plan during the year. If a mid-year change in our pharmacies affects you, call Member Services at 1-844-425-4280 (TTY users call 711) for help.

**Section 1.5 Changes to Benefits & Costs for Medical Services** 

	2025 (this year)	2026 (next year)
Barium Enemas	In-Network & Out-of- Network:	Barium Enema is not covered.
	You pay a \$0 copayment for Medicare-covered Barium Enemas.	

#### 2026 2025 (next year) (this year) In Network and Out-of-In Network and Out-of-**Dental Services Network: Network:** You pay 0% coinsurance of the You pay 0% coinsurance of the total cost for Medicaretotal cost for Medicarecovered dental services. covered dental services. All Delta Dental covered All Delta Dental covered services for Preventive and services for Preventive and Comprehensive have a \$0 Comprehensive have a \$0 copayment up to the annual copayment up to the annual allowance of \$2,340 for all allowance of \$2,000 for all services. services. **In-Network:** In-Network: Diagnostic **Radiological Services** You pay \$0 minimum You pay \$0 minimum copayment for Medicarecopayment for DEXA/ bone covered complex diagnostic density scan and diagnostic radiology. mammography. You pay \$235 maximum You pay \$235 maximum copayment for Medicarecopayment for Medicarecovered complex diagnostic covered complex diagnostic radiology. radiology. **Out-of-Network: Out-of-Network:** You pay 40% coinsurance of You pay 0% minimum the total cost per Medicarecoinsurance of the total cost covered complex diagnostic for DEXA/ bone density scan radiology. and diagnostic mammography. You pay 40% maximum coinsurance of the total cost for Medicare-covered complex

diagnostic radiology.

	2025 (this year)	2026 (next year)
Durable Medical Equipment/Prostheti cs/Orthotics – Prior Authorization	Durable Medical Equipment (purchases greater than \$750 and all rentals) – Please note, MyTruAdvantage may allow purchase of some rented medical equipment after a certain number of payments. Please contact Member Services for details.	Durable Medical Equipment/Prosthetics/Orthot ics (purchases greater than \$2,000 and all rentals exceeding \$150/month) - Please note, MyTruAdvantage may allow purchase of some rented medical equipment after a certain number of payments. Please contact Member Services for details.
Emergency Room	In-Network & Out-of- Network:  You pay a \$140 copayment for Medicare-covered emergency department services.	In-Network & Out-of-Network:  You pay a \$150 copayment for Medicare-covered emergency department services.

# 2025 (this year)

#### **Fitness Benefit**

### In-Network & Out-of-Network:

Fitness Benefit includes: Nocost, annual fitness center membership at a participating locations. Members may also choose one Home Fitness Kit which will be mailed to the member at no additional cost. Available Home Fitness Kit options include:

(1) Garmin<sup>®</sup> Wearable Activity Tracker, (2) Fitbit® Wearable Activity Tracker, (3) Beginner Swim Kit: includes goggles and a kickboard, (4) Advanced Swim Kit: includes aquatic resistance gloves and a pull float, (5) Beginner Yoga Kit: includes mat and hand towel, (6)Intermediate Yoga Kit: includes yoga strap and 2 yoga blocks, (7) Pilates Kit: includes ball and towel, (8) Walking/Trekking Kit: includes 2 walking poles, (9) Beginner Strength Kit: includes 2 lb. dumbbells, extra light exercise band, and light exercise band, (10) Intermediate Strength Kit: includes 3 lb. dumbbells, light exercise band, and medium exercise band, (11) Advanced Strength Kit: includes 5 lb. dumbbells, medium exercise band, and heavy exercise band.

# 2026 (next year)

In-Network & Out-of-Network:

Members have access to the Silver&Fit® Healthy Aging and Exercise program at no cost.

Under this program, members can access no-cost annual fitness center membership.
You may go to any Silver&Fit® fitness center, YMCA or exercise center near you that takes part in the Silver&Fit® program.

In addition, members can choose 1 (one) Home Fitness Kit per benefit year at no cost. Options include: (1) Strength Kit (exercise band), (2) Toning Kit (Pilates ball), (3) Yoga Kit (yoga mat), (4) Self-Care Kit (foam roller), or (5) Walking Kit (pedometer), (6) Fitbit Wearable Fitness Tracker.

Members can also access other Silver&Fit® program features including thousands of ondemand workout videos and fitness plans, virtual events, and specialized coaching sessions through the Well-Being Club.

	2025 (this year)	2026 (next year)
Fitting Evaluation for Hearing Aid	In-Network & Out-of-Network:  You pay a \$0 copayment for Fitting Evaluation for Hearing Aid.  Hearing aid purchase includes fitting and two follow-up visits within the first year of hearing aid purchase. Hearing aid fittings/evaluations must occur within the first year of hearing aid purchase in order to be covered.	In-Network & Out-of-Network:  You pay a \$0 copayment for Fitting Evaluation for Hearing Aid.  Each hearing aid purchase includes one year of follow-up provider visits for fitting and adjustments. These visits are available for 12 months following hearing aid purchase and only with the purchase of a hearing aid.
Genetic Testing and Molecular Testing Services - Prior Authorization	Genetic Testing and Molecular Testing Services and treatments related to gender reassignment.	Select Genetic and Molecular Testing Services and Treatments related to gender reassignment.
Home Health Care - Prior Authorization	Home Health Care – includes home infusion and associated medical equipment	Home Health Care (Visits exceeding 10 each annually: Physical Therapy, Occupational Therapy, and Skilled Nursing)

	2025 (this year)	2026 (next year)
Inpatient Hospital Care	In-Network and Out-of- Network:	In-Network and Out-of- Network:
	For Medicare-covered hospital stay:	For Medicare-covered hospital stay:
	Days 1-5: You pay a \$390 copayment per day. Day 6-90: You pay a \$0 copayment per day.	Days 1-6: You pay a \$390 copayment per day. Day 7-90: You pay a \$0 copayment per day.
Inpatient Psychiatric Hospital Care	In-Network and Out-of- Network:	In-Network and Out-of- Network:
	For Medicare-covered hospital stay:	For Medicare-covered hospital stay:
	Days 1-5: You pay a \$390 copayment per day. Day 6-90: You pay a \$0 copayment per day.	Days 1-6: You pay a \$390 copayment per day. Day 7-90: You pay a \$0 copayment per day.

	2025 (this year)	2026 (next year)
Meal Benefit	Meal Benefit is not covered.	In-Network & Out-of-Network:  You pay a \$0 copayment for Meal Benefit.  Post discharge meals benefit includes 2 meals a day for 14 days through Mom's Meals.  Meal delivery permitted following a SNF and/or inpatient visit discharge. The benefit is available 14 days at a time and would not be permitted without a 30-day window between inpatient hospital/SNF stays.
Oncology Services – Prior Authorization	Oncology Services – Chemotherapy and Radiation	Select Oncology Services – Chemotherapy and Radiation
Over the Counter (OTC) Benefit	Benefits for <b>Over the Counter</b> (OTC) use our MyTruAdvantage Choice Plus Identification card for the cost of OTC services.  Over the Counter (OTC): \$100 quarterly allowance.	Use your OTC benefit card administered by CVS to purchase eligible OTC items. Over the Counter (OTC) \$100 quarterly allowance.
Part B Medications – Prior Authorization	Part B Medications (includes specialty medication infusions) – Please refer to medication list at <a href="https://www.mytruadvantage.com/information-2025">https://www.mytruadvantage.com/information-2025</a> for full listing	Part B Medications (includes select specialty medication) – Please refer to medication list at https://www.mytruadvantage.com/information-2026 for full listing

#### 2026 2025 (next year) (this year) **In-Network:** In-Network: **Physical Therapy and Speech-Language** You pay a \$35 copayment for You pay a \$20 copayment for **Pathology Services** Medicare-covered Physical **Medicare-covered Physical** Therapy and Speech-**Therapy and Speech-Language** Language Pathology Services. Pathology Services. **Out-of-Network: Out-of-Network:** You pay a \$55 copayment for You pay a \$50 copayment for Medicare-covered Physical **Medicare-covered Physical** Therapy and Speech-**Therapy and Speech-Language** Language Pathology Services. Pathology Services. **Skilled Nursing** In-Network: In-Network: Facility (SNF) For Medicare-covered hospital For Medicare-covered hospital stay: stay: Days 1-20: You pay a \$0 Days 1-20: You pay a \$0 copayment per day. copayment per day. Day 21-100: You pay a \$218 Day 21-100: You pay a \$214 copayment per day. copayment per day. **Out-of-Network: Out-of-Network:** For Medicare-covered hospital For Medicare-covered hospital stay: stay: Days 1-58: You pay a \$175 Days 1-58: You pay a \$175 copayment per day. copayment per day. Day 59-100: You pay a \$0 Day 59-100: You pay a \$0 copayment per day. copayment per day.

	2025 (this year)	2026 (next year)
Transplant Evaluations and Procedures - Prior Authorization	Transplant Evaluations and Procedures	Transplant Services – Including Organ, Cell & Gene Therapy Services, Ventricular Assist Devices
Vision	\$250 total annual allowance MyTruCard Vision Benefit Card for eye exams, eyeglasses (frames / lenses) eyeglass lenses, eyeglass frames or contacts.	\$250 total annual allowance for qualified eyewear including: eyeglasses (frames / lenses) eyeglass lenses, eyeglass frames or contacts and use your MyTruAdvantage Identification card for services provided by EyeMed.  You pay a \$0 copayment for routine eye exam. Routine eye exam and eyewear must be provided by an EyeMed "Insight" Provider.
Worldwide Emergency Coverage	In-Network:  You pay a \$90 copayment for  Worldwide Emergency  Coverage.	In-Network: You pay a \$150 copayment for Worldwide Emergency Coverage.

# **Section 1.6 Changes to Part D Drug Coverage**

# **Changes to Our Drug List**

Our list of covered drugs is called a formulary or Drug List. A copy of our Drug List is provided electronically. **You can get the** *complete* **Drug List** by calling Member Services at 1-844-425-4280 (TTY users call 711) or visiting our website at <a href="https://client.formularynavigator.com/Search.aspx?siteCode=3933073133">https://client.formularynavigator.com/Search.aspx?siteCode=3933073133</a>.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs, or moving them to a different cost-sharing tier. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the calendar year. We update our online Drug List at least monthly to provide the most up-to-date list of drugs. If we make a change that will affect your access to a drug you're taking, we'll send you a notice about the change.

If you're affected by a change in drug coverage at the beginning of the year or during the year, review Chapter 9 of your *Evidence of Coverage* and talk to your prescriber to find out your options, such as asking for a temporary supply, applying for an exception, and/or working to find a new drug. Call Member Services at 1-844-425-4280 (TTY users call 711) for more information.

### **Section 1.7 Changes to Prescription Drug Benefits & Costs**

### Do you get Extra Help to pay for your drug coverage costs?

If you're in a program that helps pay for your drugs (Extra Help), **the information about costs for Part D drugs does not apply to you.** We sent you a separate material, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs*, which tells about your drug costs. If you get Extra Help and you don't get this material by September 30, call Member Services 1-844-425-4280 (TTY users call 711) and ask for the *LIS Rider*.

### **Drug Payment Stages**

There are **3 drug payment stages**: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program no longer exist in the Part D benefit.

### • Stage 1: Yearly Deductible

You start in this payment stage each calendar year. During this stage, you pay the full cost of your Part D drugs until you reach the yearly deductible.

### • Stage 2: Initial Coverage

In this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You generally stay in this stage until your year-to-date Out-of-Pocket costs reach \$2,100.

### • Stage 3: Catastrophic Coverage

This is the third and final drug payment stage. In this stage, you pay nothing for your covered Part D drugs. You generally stay in this stage for the rest of the calendar year.

The Coverage Gap Discount Program has been replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of our plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program don't count toward out-of-pocket costs.

### **Drug Costs in Stage 1: Yearly Deductible**

The table shows your cost per prescription during this stage

	2025 (this year)	2026 (next year)
Yearly Deductible	The deductible is \$200 for Tier 3 (Preferred Brand), Tier 4 (Non-Preferred Brand), and Tier 5 (Specialty Tier)	The deductible is \$300 for Tier 3 (Preferred Brand), Tier 4 (Non- Preferred Brand), and Tier 5 (Specialty Tier)
	During this stage, you pay:  Tier 1 (Preferred Generic):  Standard Cost Sharing: You pay \$6 per prescription.  Preferred Cost Sharing: You pay \$0 per prescription.	During this stage, you pay: Tier 1 (Preferred Generic): Standard Cost Sharing: You pay \$0 per prescription. Preferred Cost Sharing: You pay \$0 per prescription.
	<b>Tier 2 (Generic):</b> Standard Cost Sharing:	Tier 2 (Generic): Standard Cost Sharing:

2025 (this year)	2026 (next year)
You pay \$15 per prescription. Preferred Cost Sharing: You pay \$5 per prescription.	You pay \$0 per prescription. Preferred Cost Sharing: You pay \$0 per prescription.
Tier 6 (Select Care Drugs): Standard Cost Sharing: You pay \$0 per prescription. Preferred Cost Sharing: You pay \$0 per prescription.	Tier 6 (Select Care Drugs): Standard Cost Sharing: You pay \$0 per prescription. Preferred Cost Sharing: You pay \$0 per prescription.
During this stage you pay the cost sharing on the drugs on Tier 3 (Preferred Brand), Tier 4 (Non- Preferred Brand), and Tier 5 (Specialty Tier) until you have reached the yearly deductible.	During this stage you pay the cost sharing on the drugs on Tier 3 (Preferred Brand), Tier 4 (Non-Preferred Brand), and Tier 5 (Specialty Tier) until you have reached the yearly deductible.

### **Drug Costs in Stage 2: Initial Coverage**

The table shows your cost per prescription for a one-month (30-day) supply filled at a network pharmacy with standard and preferred cost sharing.

We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List. Most adult Part D vaccines are covered at no cost to you. For more information about the costs of vaccines, or information about the costs for a long-term supply; at a network pharmacy that offers preferred cost sharing; or for mail-order prescriptions, go to Chapter 6 of your *Evidence of Coverage*.

Once you've paid \$2,100 out of pocket for covered Part D drugs, you'll move to the next stage (the Catastrophic Coverage Stage).

	2025 (this year)	2026 (next year)
Tier 1 (Preferred Generic):	Standard Cost Sharing: You pay \$6 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) Moved to Tier 2.	Standard Cost Sharing: You pay \$0 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) You pay \$0 per prescription.
	Preferred Cost Sharing: You pay \$0 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) Moved to Tier 2.	Preferred Cost Sharing: You pay \$0 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) You pay \$0 per prescription.
	Mail-Order Prescription: You pay \$2 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) Moved to Tier 2.	Mail-Order Prescription: You pay \$2 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) You pay \$2 per prescription.

	2025 (this year)	2026 (next year)
Tier 2 (Generic):	Standard Cost Sharing: You pay \$15 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) You pay \$15 per prescription.	Standard Cost Sharing: You pay \$0 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) Moved to Tier 1.
	Preferred Cost Sharing: You pay \$5 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) You pay \$5 per prescription.	Preferred Cost Sharing: You pay \$0 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) Moved to Tier 1.
	Mail-Order Prescription: You pay \$8 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) You pay \$8 per prescription.	Mail-Order Prescription: You pay \$8 per prescription. Enhanced Benefit (Erectile Dysfunction Generic Drug) Moved to Tier 1.

	2025 (this year)	2026 (next year)
Tier 3 (Preferred Brand):	Standard Cost Sharing: You pay \$47 per prescription.	Standard Cost Sharing: You pay \$47 per prescription.
	Preferred Cost Sharing: You pay \$41 per prescription.	Preferred Cost Sharing: You pay \$41 per prescription.
	<i>Mail-Order Prescription:</i> You pay \$47 per prescription.	Mail-Order Prescription: You pay \$47 per prescription.
	You pay no more than \$35 per month supply of each covered insulin product on this tier.	You pay no more than \$35 per month supply of each covered insulin product on this tier.
Tier 4 (Non-Preferred Drug):	Standard Cost Sharing: You pay 28% of the total cost.	Standard Cost Sharing: You pay 28% of the total cost.
	Preferred Cost Sharing: You pay 28% of the total cost.	Preferred Cost Sharing: You pay 28% of the total cost.
	Mail-Order Prescription: You pay 28% of the total cost per prescription.	Mail-Order Prescription: You pay 28% of the total cost.
	You pay no more than \$35 per month supply of each covered insulin product on this tier.	You pay no more than \$35 per month supply of each covered insulin product on this tier.

	2025 (this year)	2026 (next year)
Tier 5 (Specialty Tier):	Standard Cost Sharing: You pay 30% of the total cost.	Standard Cost Sharing: You pay 29% of the total cost.
	Preferred Cost Sharing: You pay 30% of the total cost.	Preferred Cost Sharing: You pay 29% of the total cost.
	You pay no more than \$35 per month supply of each covered insulin product on this tier.	You pay no more than \$35 per month supply of each covered insulin product on this tier.
Tier 6 (Select Care Drugs):	Standard Cost Sharing: You pay \$0 per prescription.	Standard Cost Sharing: You pay \$0 per prescription.
	Preferred Cost Sharing: You pay \$0 per prescription.	Preferred Cost Sharing: You pay \$0 per prescription.
	Mail-Order Prescription: You pay \$0 per prescription.	Mail-Order Prescription: You pay \$0 per prescription.

# **Changes to the Catastrophic Coverage Stage**

If you reach the Catastrophic Coverage Stage, you pay nothing for your covered Part D drugs. You may have cost sharing for excluded drugs that are covered under our enhanced benefit.

For specific information about your costs in the Catastrophic Coverage Stage, go to Chapter 6, Section 6 in your *Evidence of Coverage*.

# **SECTION 2 Administrative Changes**

	2025 (this year)	2026 (next year)
Medicare Prescription Payment Plan	The Medicare Prescription Payment Plan is a payment option that began this year and can help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January- December). You may be participating in this payment option.	If you're participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2026.  To learn more about this payment option, call us at 1-844-425-4280 (TTY users call 711) or visit www.Medicare.gov
MyTruAdvantage Choice Plus (PPO)-	Contract number H9042.002	Contract Number H9042.007
Updated Plan Service Area	Our service area includes these counties in Indiana: Bartholomew, Brown, Clay, Hamilton, Hancock, Howard, Jackson, Jennings, Johnson, Madison, Marion, Parke, Posey, Sullivan, Vanderburgh, Vermillion, Vigo, and Warrick	Our service area includes these counties in Indiana: Bartholomew, Brown, Clay, Decatur, Dubois, Gibson, Greene, Hamilton, Hancock, Hendricks, Henry, Howard, Jackson, Jennings, Johnson, Madison, Marion, Parke, Perry, Pike, Posey, Shelby, Spencer, Sullivan, Vanderburgh, Vermillion, Vigo, and Warrick

### **SECTION 3 How to Change Plans**

**To stay in MyTruAdvantage Choice Plus (PPO), you don't need to do anything.** Unless you sign up for a different plan or change to Original Medicare by December 7, 2025, you'll automatically be enrolled in our MyTruAdvantage Choice Plus (PPO).

If you want to change plans for 2026, follow these steps:

- **To change to a different Medicare health plan**, enroll in the new plan. You'll be automatically disensolled from MyTruAdvantage Choice Plus (PPO).
- To change to Original Medicare with Medicare drug coverage, enroll in the new Medicare drug plan. You'll be automatically disenrolled from MyTruAdvantage Choice Plus (PPO).
- To change to Original Medicare without a drug plan, you can send us a written request to disenroll. Call Member Services at 1-844-425-4280 (TTY users call 711) for more information on how to do this. Or call Medicare at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users can call 1-877-486-2048. If you don't enroll in a Medicare drug plan, you may pay a Part D late enrollment penalty (Go to Section 1.1).
- To learn more about Original Medicare and the different types of Medicare plans, visit <a href="www.Medicare.gov">www.Medicare.gov</a>, check the Medicare & You 2026 handbook, call your State Health Insurance Assistance Program (go to Section 5), or call 1-800-MEDICARE (1-800-633-4227). As a reminder, MyTruAdvantage offers other Medicare health plans. These other plans can have different coverage, monthly plan premiums, and cost-sharing amounts.

# **Section 3.1 Deadlines for Changing Plans**

People with Medicare can make changes to their coverage from **October 15 – December 7** each year.

If you enrolled in a Medicare Advantage plan for January 1, 2026, and don't like your plan choice, you can switch to another Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) between January 1 – March 31, 2026.

## Section 3.2 Are there other times of the year to make a change?

In certain situations, people can have other chances to change their coverage during the year. Examples include people who:

- Have Medicaid
- Get Extra Help paying for their drugs
- Have or are leaving employer coverage
- Move out of our plan's service area

If you recently moved into or currently live in, an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

# **SECTION 4 Get Help Paying for Prescription Drugs**

You can qualify for help paying for prescription drugs. Different kinds of help are available:

- Extra Help from Medicare. People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won't have a late enrollment penalty. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day, 7 days a week.
  - Social Security at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday -Friday for a representative. Automated messages are available 24 hours a day. TTY users call 1-800-325-0778.
  - Your State Medicaid Office.
- Help from your state's pharmaceutical assistance program (SPAP). Indiana has a
  program called HoosierRx that helps people pay for prescription drugs based on their
  financial need, age, or medical condition. To learn more about the program, check
  with your State Health Insurance Assistance Program (SHIP). To get the phone number
  for your state, visit shiphelp.org, or call 1-800-MEDICARE.
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with

HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/underinsured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the Indiana State Department of Health, HIV/STD Viral Hepatitis Division. For information on eligibility criteria, covered drugs, how to enroll in the program, or, if you're currently enrolled, how to continue getting help, call 1-866-588-4948. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

• The Medicare Prescription Payment Plan. The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January – December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.

Extra Help from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in the Medicare Prescription Payment Plan. To learn more about this payment option, call us at 1-844-425-4280 (TTY users call 711) or visit <a href="https://www.Medicare.gov">www.Medicare.gov</a>.

# **SECTION 5 Questions?**

# Get Help from MyTruAdvantage Choice Plus (PPO)

• Call Member Services at 1-844-425-4280. (TTY users call 711)

We're available for phone calls. Calls to these numbers are free.

Hours are:

- October 1 March 31:
  - 7 Days a week, 8:00 a.m. 8:00 p.m., Local Time
  - On Thanksgiving and Christmas Day, leave a message and it will be returned within 1 business day.
- April 1 September 30:
  - Monday Friday, 8:00 a.m. 8:00 p.m., Local Time

 On weekends and holidays, leave a message and it will be returned within 1 business day.

Member Services also has free language interpreter services available for non-English speakers.

### • Read your 2026 Evidence of Coverage

This Annual Notice of Change gives you a summary of changes in your benefits and costs for 2026. For details, go to the 2026 Evidence of Coverage for MyTruAdvantage Choice Plus (PPO). The Evidence of Coverage is the legal, detailed description of our plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the Evidence of Coverage on our website at <a href="https://www.MyTruAdvantage.com/information-2026">https://www.MyTruAdvantage.com/information-2026</a> or call Member Services 1-844-425-4280 (TTY users call 711) to ask us to mail you a copy.

• Visit <a href="https://www.MyTruAdvantage.com/information-2026">https://www.MyTruAdvantage.com/information-2026</a>

Our website has the most up-to-date information about our provider network (*Provider Directory/Pharmacy Directory*) and our *List of Covered Drugs* (formulary/Drug List).

# **Get Free Counseling about Medicare**

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Indiana, the SHIP is called Indiana State Health Insurance Assistance Program.

Call Indiana State Health Insurance Assistance to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. Call Indiana State Health Insurance Assistance at 1-800-452-4800. Learn more about Indiana State Health Insurance Assistance by visiting <a href="https://www.in.gov/ship">https://www.in.gov/ship</a>.

# **Get Help from Medicare**

• Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

• Chat live with <u>www.Medicare.gov</u>

You can chat live at www.Medicare.gov/talk-to-someone.

• Write to Medicare

You can write to Medicare at PO Box 1270, Lawrence, KS 66044

### • Visit <u>www.Medicare.gov</u>

The official Medicare website has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area.

#### • Read Medicare & You 2026

The *Medicare & You 2026* handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at <a href="www.Medicare.gov">www.Medicare.gov</a> or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

#### **Notice of Nondiscrimination and Language Assistance Services**

MyTruAdvantage complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. MyTruAdvantage does not exclude people or treat them differently because of race, color, national origin, age, disability or sex. Federal law requires that we provide you with this Notice of Nondiscrimination and Language assistance services.

#### Free aids and services

MyTruAdvantage provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

MyTruAdvantage provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact MyTruAdvantage Member Services by calling 1.844.425.4280 (TTY users call x711). Hours are 8:00 a.m. - 8:00 p.m., local time, 7 days a week. On Thanksgiving and Christmas Day, and weekends and holidays from April 1 through September 30 alternate technologies (for example, voicemail) will be used and we will return your call within one (1) business day.

#### To file a civil rights grievance

If you believe that MyTruAdvantage has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with:

MyTruAdvantage

Attention: Compliance Officer

P.O. Box 428

Columbus, IN 47202 Toll free: 1.844.372.8392

(TTY users call x711) Fax: 855.633.7673 <a href="mailto:compliance@mytruadvantage.com">compliance@mytruadvantage.com</a>

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, MyTruAdvantage Member Services and the Compliance Officer are available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <u>ocrportal.hhs.gov</u> or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

Phone: 1.800.368.1019, 1.800.537.7697 (TDD)

Complaint forms are available at <a href="https://html.nbs.gov/ocr/office/file/index.html">https://html.nbs.gov/ocr/office/file/index.html</a>.

#### **English**

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-844-425-4280 (TTY: 711) for or speak to your provider.

#### **Español (Spanish)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-844-425-4280 (TTY: 711) o hable con su proveedor.

#### Việt (Vietnamese)

LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-844-425-4280 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn.

### 中文 (Chinese-Simplified)

注意:如果您说中文,我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务,以无障碍格式提供信息。致电 1-844-425-4280 (文本电话:711)或咨询您的服务提供商。

### РУССКИЙ (Russian)

ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-844-425-4280 (ТТҮ: 711) или обратитесь к своему поставщику услуг.

### 한국어 (Korean)

주의: 한국어 를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-844-425-4280 (TTY: 711) 번으로 전화하거나 서비스 제공업체에 문의하십시오.

### 日本語 (Japanese)

注:日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル (誰もが利用できるよう配慮された)な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。1-844-425-4280 (TTY:711)までお電話ください。または、ご利用の事業者にご相談ください。

العربية (Arabic)

انية كما تتو فر وسائل مساعدة و خدمات مناسبة لتو فير المعلو مات

بتنسيقات يمكن الوصول إليها مجانًا التصل على الرقم 1-844-425-4280 (711) أو تحدث إلى مقدم الخدمة

### **Deutsch (German)**

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-844-425-4280 (TTY: 711) an oder sprechen Sie mit Ihrem Provider.

### Pennsylvanisch Deitsch (Pennsylvania Dutch)

Uffgepasst: Wann Sie Pennsylvaanisch Deitsch schwetze, sinn freie Schprooch Helfe-Services fer Sie do. B passende Hilfsmiddel un Services fer Information in leicht grickliche Wege gewwe sinn aa frei. Ruf 1-844-425-4280 (TTY: 711) fer oder schwetz zu deim Dokter.

#### **Nederlands (Dutch)**

Aandacht: Als u Nederlands spreekt, zijn er gratis taalassistentiediensten voor u beschikbaar. Passende hulpmiddelen en diensten voor informatie in toegankelijke formaten zijn ook gratis. Bel 1-844-425-4280 (TTY: 711) of spreek met uw zorgaanbieder.

# ဂရုစိုက်ပါ (Burmese)

သင်သည် အင်္ဂလိပ်စကား ပြောနိုင်ပါက အခမဲ့ဘာသာစကားကူညီမှု ဝန်ဆောင်မှုများ ရရှိနိုင်ပါသည်။ အသေးစိတ်အချက်အလက်များကို စီစဉ်ရင်း ဝင်ရောက်သုံးစွဲနိုင်သော ဖော်မတ်များအား ပေးစွပ်စနစ်များနှင့် ဝန်ဆောင်မှုများကိုလည်း အခမဲ့ရရှိနိုင်ပါသည်။ ၁-၈၀၀-၃၃၀-၂၇၃၂ ကို ဖုန်းခေါ်ပါ (TTY: 711) သို့မဟုတ် သင်၏ ပေးသူနှင့် ပြောပါ

### Français (French)

ATTENTION: Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-844-425-4280 (TTY: 711) ou parlez à votre fournisseur.

#### **Tagalog**

PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-844-425-4280 (TTY: 711) o makipag-usap sa iyong provider.

### िहंदी (Hindi)

ान दें: यिद आप िहंदी बोलते हैं, तो आपके िलए िनः शु भाषा सहायता सेवाएं उपल होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के िलए उपयु4 सहायक साधन और सेवाएँ भी िनः शु उपल हैं। 1-844-425-4280 (TTY: 711) पर कॉल करें याअपने प्रदाता से बात करें।

### ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਦਿਓ: ਜੇਕਰ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ ਤਾਂ ਮੁਫ਼ਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਤੁਹਾਡੇ ਲਈ ਉਪਲਬਧ ਹਨ। ਪਹੁੰਚਯੋਗ ਫਾਰਮੈਟਾਂ ਵਿੱਚ ਜਾਣਕਾਰੀ ਪ੍ਰਦਾਨ ਕਰਨ ਲਈ ਢੁਕਵੀਆਂ ਸਹਾਇਕ ਸਹਾਇਤਾ ਅਤੇ ਸੇਵਾਵਾਂ ਵੀ ਮੁਫ਼ਤ ਉਪਲਬਧ ਹਨ। 1-844-425-4280 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ ਜਾਂ ਆਪਣੇ ਪ੍ਰਦਾਤਾ ਨਾਲ ਗੱਲ ਕਰੋ।

MyTruAdvantage has HMO and PPO plans with a Medicare contract. Enrollment in MyTruAdvantage depends on contract renewal.

Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.